|  |  |  |  |
| --- | --- | --- | --- |
| **Nederlands** | **Pin Yin** | **Toon** | **Chinees uitspreken** |
| 01 | YI | Yì | IE |
| 02 | ER | Er | AR (Engelse R) |
| 03 | SAN | San | SAN |
| 04 | SI | sì | SEU |
| 05 | WU | Wu | WOE |
| 06 | LIU | liù | LIO |
| 07 | QI | Qi | TSJIE |
| 08 | BA | Ba | Paa |
| 09 | JIU | Jiu | JOO (Engelse J) |
| 10 | SHI | Shí | SHEU |

**De cijfers van 1 tot 10**

**Tientallen vormen we zo**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **13 :** | **shi** | **san** |  |  | **16 :** | **shi** | **liu** |  |  | **18 :** | **shi** | **ba** |  |
| **24 :** | **er** | **shi** | **si** |  | **32 :** | **san** | **shi** | **er** |  | **40 :** | **si** | **shi** |  |
| **42 :** | **si** | **shi** | **er** |  | **48 :** | **si** | **shi** | **ba** |  | **52 :** | **wu** | **shi** | **er** |

**Een aantal vormen die we beoefenen**

|  |  |
| --- | --- |
| **8 vorm** | **Ba *shi* taiji quan** |
| **10 vorm** | **Shi *shi* taiji quan** |
| **16 vorm** | **Shi liu *shi* taiji quan** |
| **24 vorm** | **Er shi si *shi* taiji quan** |
| **32 vorm** | **San shi er *shi* taiji quan** |
| **32 vorm zwaard** | **San shi er *shi* taiji jian** |
| **40 vorm** | **Si shi *shi* taiji quan** |
| **42 vorm** | **Er shi si *shi* taiji quan** |
| **42 vorm zwaard** | **Er shi si *shi* taiji jian** |
| **48 vorm** | **Er shi ba *shi* taiji quan** |
| **52 vom waaier** | **Wu shi er *shi* taiji shan** |
| **13 wu vorm** | **Shi san *shi* wu taiji quan** |
| **18 qi gong** | **Shi ba *shi* qi gong** |

**De *shi* die na het getal komt betekent niet het getal 10 maar het woord *posities.***

**Taiji quan betekent vuistvorm, taiji jian zwaardvorm, taiji shan waaiervorm.**

getallen